

Get Started With Tarot

A simple guide to start reading tarot NOW!

By



Yashica's Intuition

Readings, Reiki, & Beyond

About Me

I am Yashica from YashicasIntuition.com and I specialize in Intuitive Tarot Readings, Energy Healing, & Life Coaching. I am Certified in Life Coaching, Reiki (at the Master Level), & Tarot Reading.

After experiencing a series of personal tragedies years ago, by the grace of this Great Universe, I ended up getting a tarot reading that changed the way I looked at life. This extraordinary experience led to a major spiritual transformation that has motivated me to dive into tarot, intuitive gifts that have been passed down from my ancestors, and energy healing head first.

For over 7 years, I have been offering tools and information to guide and empower those that seek my intuitive counseling as well as the perspective and insight that the tarot brings. My tarot readings are often multi layered, pairing intuitive tarot with other tools such as oracle cards, Lenormand, runes, and accessing the Akashic Records at times. The wisdom and insight you will gain from a reading with me will allow you to grow and evolve as you navigate this thing we call "life". I do not do predictive style readings, but instead you will leave with information and tools to design your life as you see fit.



About Me

During an Energy Healing session, I can help shift energy imbalances and clear energies that are not serving your higher good. Through a combination of earth energy, reiki, and crystal energy, I am able to better align you with light energy and positivity. I am a certified Reiki Master.

Due to my education in Western medicine/psychology, combined with my love of Eastern medicine and esoteric practices, I feel I am able to give a balanced and well-rounded perspective to all clients that I serve.

Thank You

Check out YashicasIntuition.com and join my exclusive members' section to get expanded tarot readings, astrology horoscopes, and more!!!



What You Will Learn

- A brief intro
- Getting started
- Basic 3 Part Meanings
- How to Get Started
- My personally designed daily spread



Tarot: A Brief Intro

Tarot cards are not a dangerous tool brought forth by the devil or some other force of evil. They are a tool that I simplistically compare to the Rorschach Inkblot Test. I say this because much like that test, the tarot uses pictures, images, and symbolism to help access deeper, sometimes subconscious parts of the self. This process is what provides the tarot messages that are received to gain new insight into the chosen subject at hand. I do, however, always say a prayer for light and positivity when working with my decks.

Traditionally, it was often believed that a person would have to be gifted their deck in order to work with the tarot. I do not believe this and if I had, I would have never been introduced to the tarot. I was drawn to this tool and have purchased all of my decks and know others that have also with no ill effect.



Tarot: A Brief Intro

A tarot deck is divided into two parts or 2 arcana (or mysteries): the Major Arcana & Minor Arcana

Major Arcana Suits

Major arcana can be called trump cards and are numbered from 0-21. In the way that I read tarot, these usually represent more internal, substantial energies that play a major part in your life. These are the deeper more meaningful mysteries that create and guide your life.

You will learn the brief meanings of these cards in the "3 Part Meaning" section of this guide.



Tarot: A Brief Intro

Minor Arcana Suits

The minor arcana of a deck is divided into 4 categories called suits that represent 4 elements/energies:

- Wands-Fire (creativity, passion, motivation)
- Swords- Air (thoughts, ideas, mental energy)
- Cups- Water (emotions, feelings)
- Pentacles- Earth (resources, things tangibly experienced)

Each suit contains a card Ace (or 1) thru 10. Each suit also contains 4 court cards:

- Kings
- Queens
- Knights
- Pages

Minor arcana cards are associated with events in life that are associated with the more mundane, everyday life events. These events are temporary and practical in nature.

Note that because this is a brief guide, know that when you look at the 3 part meanings coming up, you will see that your Ace of Cups carries a different energy than your Ace of Wands because cups deal with emotions/feelings and wands deal with passion/creativity. With practice, you will understand this, but for now, this is just a brief introduction to the structure of your deck.



Tarot: A Brief Intro

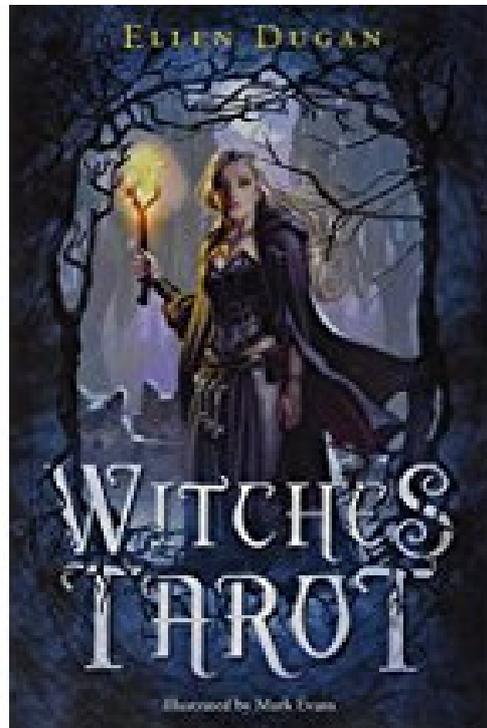
Three decks that I feel are good for beginners are as follows and I recommend them for their resemblance to the traditional Rider-Waite-Smith imagery and their ease of understanding (the pictures of the product are hyperlinked & clickable and I am NOT an affiliate):

- The Easy Tarot Kit- A steal. Handsdown this is a great deal if you want to dive in. The guidebook is easy to understand and it comes with the gorgeous Gilded Tarot deck for a lower price than if you bought the deck alone!!!



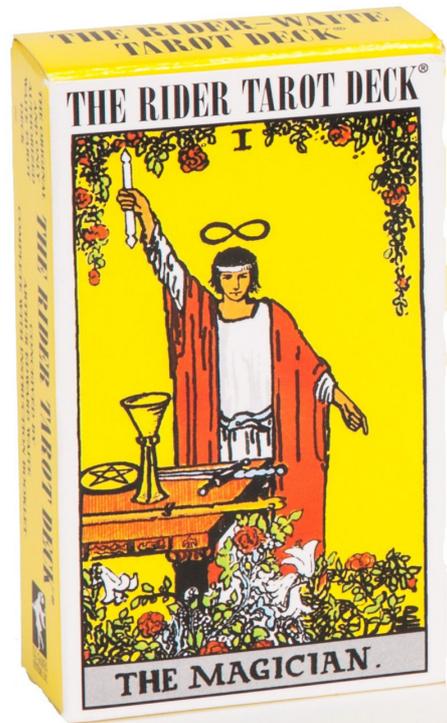
Tarot: A Brief Intro

- The Witches Tarot- if you are alarmed by the term witch, let me assure you that the images on these cards are beautiful and easy to read. They are positive and carry great energy.



Tarot: A Brief Intro

- The Rider-Waite Tarot- I would not be a true tarot reader if I didn't mention a classic. This deck is steeped in tradition and symbolism and I highly recommend if you want to learn the basics before branching out into more contemporary decks.



Basic 3 Part Tarot Meanings

Major Arcana

- 0- Fool- New Start, Trust the Universe, You Have What You Need
- 1- Magician- Concentration, Manifestation Potential, Creative Power
- 2- High Priestess- Inner Knowing, Intuition, Access to the Divine
- 3- Empress- Beauty, Giving Birth to Something, Femininity
- 4- Emperor- Authority, Leader, Go-Getter
- 5- Hierophant/Pope- Mentor, Religion, Spiritual Guidance
- 6- Lovers- Follow Your Heart, Soulmates, Relationships
- 7- Chariot- Be Bold, Get Aligned and Go, Assertive
- 8- Strength- Tame Your Ego, Tap Into Willpower, Actual Strength
- 9- Hermit- Antisocial, Alone To Reflect, Seeking Wisdom
- 10- Wheel- Positive Turn Of Events, Good Opportunity, A Lil Luck
- 11- Justice- Decisions, Being Fair & Balanced, Law
- 12- Hanged Man- Sacrifice, Seeing Another Point of View, Pausing
- 13- Death- Transformation, Major Change, Endings
- 14- Temperance- Healing, Finding the Best Parts of Self, Moderation
- 15- Devil- Mind not Free, Addiction, Materialistic
- 16- Tower- An "AhHa" Moment, Chaos, Sudden Disruption
- 17- Star- Outpouring, Healing, Inspiration
- 18- Moon- Illusion, Underneath the Surface, Illumination
- 19- Sun- Enlightenment, Success, Vitality
- 20- Judgement- Being Judgmental, Answering the Call, Rebirth
- 21- World- Moving to Next Level, Integration, Ending a Cycle



Basic 3 Part Tarot Meanings

Minor Arcana- CUPS

Ace of Cups- Outpouring of Emotions, Love, Overwhelmed

Two of Cups- Unity, Harmony, Bond with a Likeminded Person

Three of Cups- Social, Friendship, Sharing with Likeminded People

Four of Cups- Self-Absorbed, Introspective, Apathetic

Five of Cups- Disappointed, Negative Emotions, Spiritual Conflicts

Six of Cups- Balanced Emotions, Reunions, Fond Memories

Seven of Cups- Daydreaming, Drug Use, Escaping this World

Eight of Cups- On Own Path, Abandoning, Leaving it all Behind

Nine of Cups- Contentment, Smugness, Wish Come True

Ten of Cups- Happiness, Joy, Emotional Fulfillment

Page of Cups- Beginning to Open Up, Loving Messages, Immature

Knight of Cups- Follow Heart, Romance, Player

Queen of Cups- Compassionate, Psychic, In Tune with Energies

King of Cups- Master of Emotions, Control, Stop the Drama



Basic 3 Part Tarot Meanings

Minor Arcana- WANDS

Ace of Wands- Spark of Desire, Motivation, Passion

Two of Wands- Choosing How to Invest Energy, Decisions, Courage

Three of Wands- Exploration, Curiosity, Expansion

Four of Wands- Reason to Celebrate, Rite of Passage, Marriage

Five of Wands- Unfocused, Brainstorming, Challenging Energy

Six of Wands- Victory, Balanced Energy, High Self Esteem

Seven of Wands- Defensive, Paranoid, Competitive

Eight of Wands- Fast Energy, Manifestation, Focus

Nine of Wands- Running on Reserves, Perseverance, Don't Give Up

Ten of Wands- Tired, Sick, Too Many Responsibilities

Page of Wands- Enthusiasm, Vitality, Naive Passion

Knight of Wands- Acting on desires, Passionate Motion, Impulsive

Queen of Wands- Charisma, Sexy, Warm

King of Wands- Energy Used Wisely, Visionary, Energetic

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Basic 3 Part Tarot Meanings

Minor Arcana- PENTACLES

Ace of Pentacles- Special Opportunity, Plant a Seed, Manifestation

Two of Pentacles- Balance in Chaos, Balance Resources, Flexibility

Three of Pentacles- Teamwork, Sought for Expertise, Collaboration

Four of Pentacles- Mini-Victory, Hardheaded, Control Measures

Five of Pentacles- Lack/Worry, Help in Need, Challenged Resources

Six of Pentacles- Give & Take, Balance Resources, Generosity

Seven of Pentacles- Tweak and Adjust, Evaluating, Patience

Eight of Pentacles, Attention to Detail, Student, Hard Work

Nine of Pentacles- Independence, Luxury, Take Care of Self

Ten of Pentacles- Wealth, Achievement, Family

Page of Pentacles- Student, Trying something new, Manifesting

Knight of Pentacles- Methodical Action, Practical Action, Boring

Queen of Pentacles- Creative Success, "Martha Stewart" Homely

King of Pentacles- Successful, Master of Resources, Manifestor

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Basic 3 Part Tarot Meanings

Minor Arcana- SWORDS

Ace of Swords- New Idea, Clarity, Insight

Two of Swords- Decisionmaking, Putting Blinders On, Peace

Three of Swords- Hurt Heart, Separation, Breakup

Four of Swords- Rest, Heal, Meditate

Five of Swords- Negative Thoughts, Conflict, Loss

Six of Swords- Moving Past Negativity, Travel Over Water, Growing

Seven of Swords- Planning, Sneaking, Keep Your Words Close

Eight of Swords- Negative Traps, Refusing to Change, Limiting Ideas

Nine of Swords- Anxiety, Insomnia, Worry that is Often Unfounded

Ten of Swords- Mental Exhaustion, Overthinking, Ending Old Ideas

Page of Swords- Mentally Immature, Trying Ideas, Know it All

Knight of Swords- Acting on Ideas, Bossy, Dogmatic

Queen of Swords- Hardened by Life, Intellectual, Perceptive

King of Swords- Master of Mind, Black & White, Truth



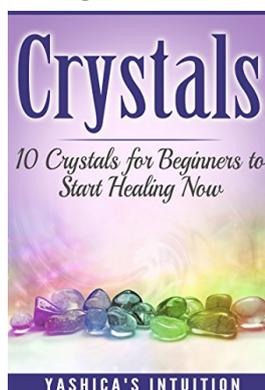
Getting Started

Mood

How is your energy? I pay attention to my energy first and foremost. If I think I need to relax and calm myself, I will do some deep breathing and say a prayer of intention. Sometimes I wait till I am in a better mindspace if something is making me upset or tired.

Preparing the Cards

I usually don't cleanse my cards, but some people do. On the rare instance that I have, I light some incense and run the deck of cards through the smoke. Shuffling, I find, keeping the purpose of your reading in your thoughts, is the best and easiest way to cleanse the deck. There is no right or wrong way to shuffle so pick a style that works for you. I also will put crystals on the deck depending on the energy I want to pull into my reading. I have an awesome beginner's guide to crystals for sale on Amazon that you can get by clicking the image below.



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Getting Started

The Question or Issue at Hand

The first thing you need to consider is whether you are asking a question that is ethical. As much as we would like to know other people's thoughts or intentions, consider if your question is intruding into someone's life without their permission. If so, it may not be a question that would be considered ethical, especially if the questions have nothing to do with you. Once you have passed this check, go ahead and formulate your question understanding also, that the tarot does not replace the information or advice given from professionals such as doctors, psychologists, or financial advisors.

Wording Your Question

You are now ready to ask your question. I like to ask open-ended questions. For instance, instead of asking will you find love, you can ask what do you need to change in your life to find love. Also, yes or no questions can be difficult to interpret, especially for beginners.

Make sure you are asking exactly what you want to have answered in a clear concise manner, and if you don't have a question, you can always start with "Tell me more about _____."



Getting Started

Shuffle the Cards

Start shuffling the cards in a way that is easiest and most comfortable for you while concentrating on the topic or question that you have chosen to receive information about. There is no right or wrong way. When YOU feel that you have shuffled the cards enough, you are ready to lay out the cards.

For the purposes of this book, I have provided you with a spread that I have developed and use everyday to gain insight into my day. You do not have to use a spread, this is an example of one way that you can use with your tarot cards to inform your life. What follows are instructions and examples of how I use this spread.



Yashica's Daily Spread Instructions

I developed this spread as a beginner to tarot because drawing one card per category, then coming back at the end of the day to see how the day went, helped me decipher the meaning of the cards specific to my life



Now that you are ready to lay out your cards, you will be referring to 2 areas in this book. One is the brief list of 3 part meanings and you will write on the worksheet on page 22. If you get confused in any way, there is an example on the next page to keep you on track. Your worksheet is on the page after that.

1. You will shuffle your cards and when ready, pull 1 card for each category on the worksheet. Since there are 6 categories, you should have 6 cards pulled, laid out in the order below (all in a row).



Yashica's Daily Spread Instructions

2. You will then look at the first card, on the example, I have drawn the fool card. Fill that in the first section titled 12am-8am on the line as shown in the example.

3. In the purple section, you will fill in the 3 parts from the meanings section of this guide. Also, look at the picture and write a few words describing how the words make you feel or what you think the picture is telling you (see the example worksheet for help). Using my example, by doing this, I was given a heads up that between 12am-8am, something new is starting or that I may be faced with a time where I would have to trust the universe.



Yashica's Daily Spread Instructions

4. Continue to do this for card 2-6 until you have all sections on the worksheet filled out related to the cards you drew. For section 6, Relationship/Love Insight, if you are not interested in knowing about this area of your life, replace that category with one that is more meaningful to your life

5. At the end of the day, take at least 5 minutes to compare your day to your categories and see how you can identify how the cards related to what happened in your day. As you continue to do this, you will see patterns and know that when you see the fool, for instance, you are being guided that something new is beginning.

6. Practice Practice Practice and Trust. It will take time and study. This is just a quick guide to get you started. To become great, you have to put in the time.



Yashica's Daily Spread Example

Date May 3, 2017

12am-8am: _____ *Fool*

New Start, Trust the Universe, You have what you need... I feel excited!

Night reflection- I started my workout routine this AM

8am-4pm: _____

4pm-12am: _____

Advice for the day: _____

Significant Event Of The Day: _____

Relationship/Love Insight: _____



Yashica's Daily Spread Worksheet

Date _____

12am-8am: _____

8am-4pm: _____

4pm-12am: _____

Advice for the day: _____

Significant Event Of The Day: _____

Relationship/Love Insight: _____



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